

Sunday

Monday

Tuesday

Wednesday

Thursday









Friday

Saturday



February 2018

Holland LifeCircles-PACE

				<p>9:30-10:00: Hymn Sing 10:00-10:45: Morning Stretch 11:00-11:45: Drawing Class: Draw a Cardinal 11:00-11:45: Yahtzee 12:45-1:15: Therapy Strength Group 1:00-1:45: Bingo 2:00-2:45: Trivia 3:00-4:00: Open Rec Time</p>	<p>National Wear Red Day 9:30-10:00: Word Games 10:00-10:45: Chair Volleyball 11:00-11:45: Ground Hog Craft 11:00-11:45: Heart Jeopardy 11:00-11:45: Lessons from the Clinic: Over the Counter Meds 1:00-1:45: Super Bowl Party 2:00-4:00: Open Rec Time Groundhog Day</p>	
	<p>9:30-10:00: Hot Topics of the Week 10:00-10:45: Drum Circle 11:00-11:45: Scrapbooking 11:00-11:45: Uno 12:45-1:15: Mind In Motion 1:00-1:45: Bingo 2:00-2:45: Jokes & Chuckles 3:00-4:00: Open Rec Time</p>	<p>9:30-10:00: Animal Videos 10:00-10:45: Chair Bingo 10:30-11:00: Move & Groove 11:00-11:45: Dominoes 11:00-11:45: Science Experiments 1:00-1:45: Nickel Me Card Game 1:00-1:45: Classic Commercials 2:00-2:45: Wreath Craft 3:00-4:00: Open Rec Time</p>	<p>9:30-10:00: Hymn Sing 10:00-10:45: Book Club- <i>The Shack</i> 10:00-10:45: Scarf Dancing 10:15-11:15: Outing: Haircuts 11:00-11:45: Chris Sloan Music 1:00-1:45: Brendan's Brainstorm 2:00-2:45: Penny Ante 3:00-4:00: Open Rec</p>	<p>9:30-10:00: Coffee With Friends 10:00-10:45: Balloon Baseball 10:15-1:00: Bowling Outing 11:00-11:45: Card Games 12:45-1:15: Therapy Strength Group 1:00-1:45: Bingo 2:00-2:45: Valentine's Day Cards 3:00-4:00: Open Rec</p>	<p>9:30-10:00: Word Games 10:00-10:45: Olympic Opening Day Movements 11:00-11:45: Olympic Torch Craft 11:00-11:45: Olympic World Records 1:00-1:45: Olympic Trivia 1:00-1:45: Stand & Stretch 2:00-2:45: Wheaties Athletes 3:00-4:00: Open Rec</p>	
 <p>You're Invited... Olympic Spirit Week!</p>	<p>Wear Red, White & Blue 9:30-10:00: Hot Topics of the Week 10:00-10:45: Shuffle board 11:00-11:45: Olympic Ring Craft 11:00-11:45: Olympic Brain Battle 12:45-1:15: Mind In Motion 1:00-1:45: Wacky Winter Olympic Games 2:00-2:45: LC Olympic Mascots 3:00-4:00: Open Rec Time</p>	<p>Wear Purple, Gold & Green 9:30-10:00: Mardi Gras Trivia 10:00-10:30: Make King Cakes 10:30-11:00: Move & Groove 10:45-11:45: Music with Marv 1:00-1:45: Fun, Funky & Healthy Foods with Emily 2:00-2:45: Olympic Pancake Toss 3:00-4:00: Open Rec Mardi Gras</p>	<p>Wear Red, White & Pink 9:30-10:00: Prayer Group 10:00-10:45: Chair Hockey 11:00-11:45: Book Club- <i>The Shack</i> 11:00-11:45: No Sew Heart Pillows 11:00-11:45: Lessons from the Clinic: Over the Counter Meds 1:00-1:30: Ash Wednesday Service 1:00-1:45: Name That Love Song 2:00-2:45: Valentine Games 3:00-4:00: Open Rec Ash Wednesday Valentine's Day</p>	<p>Wear Favorite Sports Attire 9:30-10:00: Sport Highlights 10:00-10:45: Light and Lively 11:00-11:45: Snow Olympic Games 12:45-2:15: Food Basket Volunteering 12:45-1:15: Therapy Strength Group 1:00-1:45: Bingo 2:00-2:45: Sport Mad Libs 3:00-4:00: Open Rec Time</p>	<p>Wear Red, Green, Black & Yellow 9:30-10:00: Chinese Music & Color 10:00-10:45: Chinese New Year Olympic Games 11:00-11:45: Experience China with Heidi 1:00-1:45: Bingo 2:00-2:45: Fortunes & Cookies 3:00-4:00: Open Rec Time Chinese New Year</p>	
	<p>9:30-10:00: Hot Topics of the Week 10:00-10:45: Stand & Stretch 10:15-11:45: Outing: Dollar Store 11:00-11:45: Name That 1st Lady 12:45-1:15: Mind In Motion 1:00-1:45: Brown Bag Auction 2:00-2:45: Presidential Pets 3:00-4:00: Open Rec Time Presidents' Day (US)</p>	<p>9:30-10:00: Hymn Sing 10:00-10:45: Yoga 10:30-11:00: Move & Groove 11:00-11:45: Martin's Music 1:00-1:45: Bingo 2:00-2:45: African American Month History Trivia 3:00-4:00: Open Rec</p>	<p>9:30-10:00: Funniest Home Videos 10:15-1:00: Bowling Outing 10:00-10:45: Balloon Volleyball 11:00-11:45: Book Club- <i>The Shack</i> 1:00-1:45: February Birthday Celebration 2:00-2:45: Who Am I? 3:00-4:00: Open Rec</p>	<p>9:30-10:00: Prayer Group 10:00-10:45: Chair Bingo 11:00-11:45: Cupcake Liner Bird Art 11:00-11:45: Sequence 12:45-1:30: Outing: Haircuts 12:45-1:15: Therapy Strength Group 1:00-1:45: Brendan's Brainstorm 2:00-2:45: Margarita Mocktails & "Spirited" Hangman 3:00-4:00: Open Rec</p>	<p>9:30-10:00: Word Games 10:00-10:45: Light & Lively 11:00-11:45: Remembrance Stones 11:00-11:45: Table Games 1:00-1:45: February Birthday Celebration 12:00-4:00: Friday Afternoon Movie & Popcorn</p>	
	<p>9:30-10:00: Hot Topics of the Week 10:00-10:45: Yoga 11:00-11:45: Make A Community Mural Celebrating African American History Month 11:00-11:45: Pitty Pat Card Game 12:45-1:15: Mind in Motion 1:00-1:45: Bingo 2:00-2:45: Mad Libs 3:00-4:00: Open Rec Time</p>	<p>9:30-10:00: Prayer Group 10:00-10:45: Stand & Stretch 10:15-11:45: Outing: Dollar Store 10:30-11:00: Move & Groove 11:00-11:45: Magazine Medley 1:00-1:45: Remembrance Stones 1:00-1:45: Would You Rather? 2:00-2:45: Africa Travelogue 3:00-4:00: Open Rec Time</p>	<p>LifeCircles is <u>closed today</u> for Staff Education Day!</p>	<p>Please remember that we are only able to take a limited amount of participants on each of our outings. Participants may only choose one outing day if the outing is offered more than once. We will do our best to meet outing requests. Participants will be rotated for outings and may not be able to attend all of their desired outing choices.</p> <p>Don't forget to sign up for community outings prior to the outing. Sign-up sheets will be posted on the white board in the day space. If you need help, please see a staff member!</p>		